ABOUT THIS GUIDE

This guide is a joint project of the Yarmouth County Active Transportation Committee (YCAT), Yarmouth Recreation, Argyle Recreation Department, the Clare Recreation Department and the Yarmouth and Acadian Shores Tourism Association.

The Yarmouth County and Acadian Shores offer many recreational opportunities, such as cycling, paddling, swimming, skating, cross-country skiing and walking. There is a great diversity of landscapes and habitats to explore and enjoy including five Provincial Parks, two Interpretive Trails and lots of

For more information on what this area has to offer visit these websites:

YASTA www.yarmouthandacadianshores.com Yarmouth Recreation www.yarmouthrecreation.ca Argyle Recreation www.munargyle.com Clare Recreation www.clarenovascotia.com South Shore www.southshoreconnect.ca

Liability Disclaimer

The Yarmouth County Active Transportation committee and its partners in the development of this guide, in no way assume liability or warrant the conditions, suitability or appropriateness of the walks described. Users of this guide accept all responsibilities and risks, inherent and not inherent, associated with its use. Although the information in this guide is believed to be accurate, they assume no liability for any errors that may exist.

Users are encouraged to obtain appropriate road maps, a compass and/or a GPS.

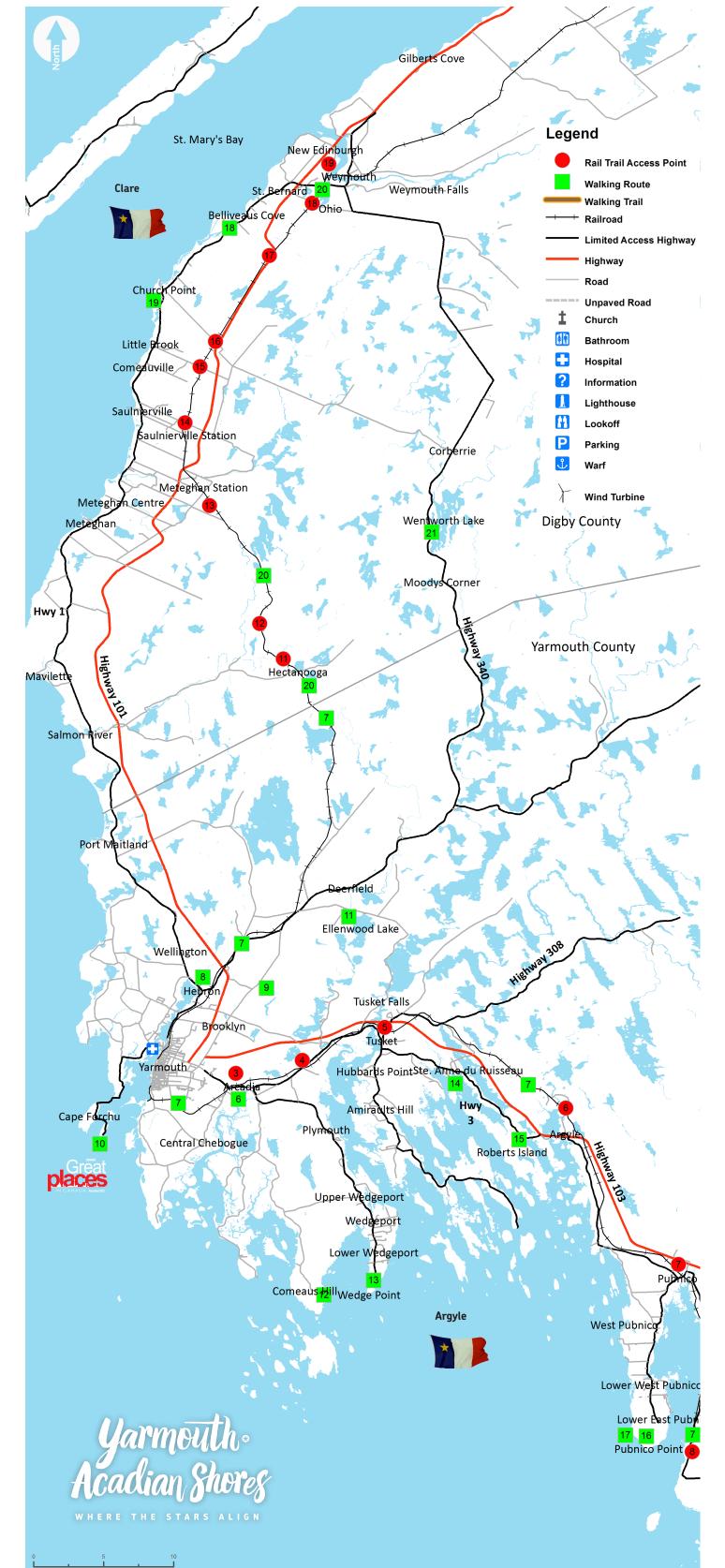
To report any errors or to suggest improvements to this guide send comments by email to: leisure@district.yarmouth.ca

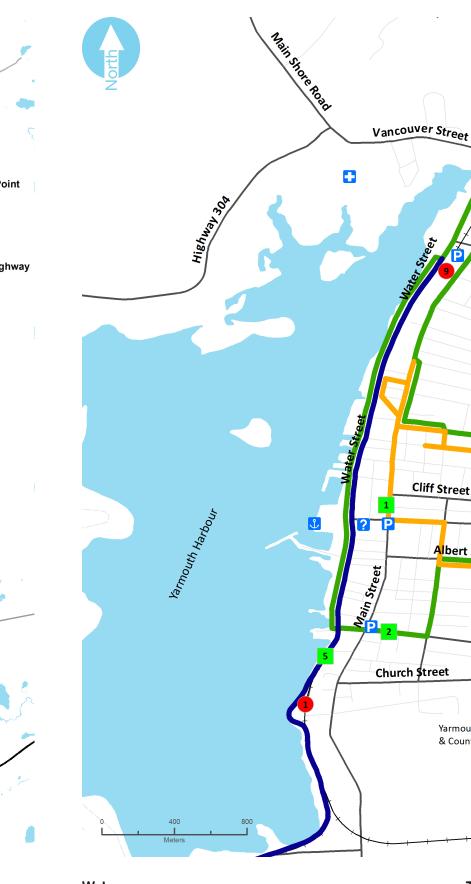
YCAT wishes to thank the Department of Health and Wellness (Active Living Branch), Heart&Stroke WalkaboutTM, the Yarmouth and Area Community Health Board, Yarmouth Recreation, Argyle Recreation and Clare Recreation for their financial assistance. Map design — Gilles Maillet.

OFFICIAL WALKING GUIDE



Yarmouth County Active Transportation Committee





Welcome

Yarmouth County Active Transportation invites residents and visitors to explore the region; walking is a good way to start. The historic town and municipalities, the shores, lakes, rivers, forests, and marshes all provide a varied experience.

This guide provides maps and information on the trails including directions to locate the trail, starting/access points, distance, estimated time to walk, description (surface, type of walk—linear/ loop, other features), attractions, services and GPS coordinates.

Most walks are over fairly level terrain; walking times range from 20 minutes to 2 hours or more.

For your comfort and safety please remember these

Wear appropriate footwear.

Wear appropriate clothes (seashores can be windy!) Be Sun Safe! (Hat, Sunscreen SPF 30+, Sunglasses,

Tell someone where you are going and when you plan to return.

Take your cell phone.

Bring water and a snack for longer walks. Wear reflective, light coloured clothing and carry a light when walking at night.

Wear Hunter Orange during hunting season (from the beginning of September to the end of March) when walking in wilderness areas outside of town. Wear a bicycle helmet when cycling.

Whether you are a resident or a visitor, we hope that you have a safe and fun walking experience.

Most of the walks listed are not wheelchair accessible (except where indicated); we recommend walking routes with sidewalks for people in wheelchairs.

Trail Etiquette

Cliff Street

Yarmouth Golf

Obey all signs Stay on trails Do not create new trails Leave nothing but your footprints behind Pick up after your pet (scoop the poop) Respect private property

All cemeteries are sacred locations and should be visited with respect

Cyclists give way to walkers Cyclists sound bell when passing

OHV (Off Highway Vehicles) yield to walkers and cyclists

In the guide text:

Compass points and turns are in capital letters: N (North), S (South), E (East), W (West), L (Left) and R

The Joys of Walking

- is a gentle physical activity that is good for body and mind
- provides our bodies with fresh air
- helps us to relax, relieves stress and makes us feel better
- keeps us mobile later in life is a time to enjoy nature –take time to look and
- is a way to discover new places and meet new people
- contributes to reducing pollution
- gives us time to socialize with family and friends allows us to go at our own speed
- is a great way to exercise the dog

Heart&Stroke Walkabout™ is a walking initiative that is focused on putting feet back on the street and walking back in the hearts and minds of Nova Scotians. www.walkaboutns.ca

Prospect Street

Mountain

Cemeterv

Hibernia Street

Forest Stree

South East Street

Town of Yarmouth

Nova Scotia

Argyle Street

Historic District Sea Captain's Homes and Mercantile Heritage Walk

Town of Yarmouth

Starting Point: Visitor Information Centre, 228 Main St., Parking.

Route: A brochure describing the route is available at the Yarmouth County Museum on Collins St. or the Visitor Information Centre at Forest St. and Main St. or Yarmouth Recreation at the Municipal Building in Hebron.

Distance: 4 km Time: 1 hr

Description: Loop. Town sidewalks.

Attractions: Historic buildings. **Services:** Washrooms at Visitor Information Centre. cafés along the way.

GPS: Lat: 43°49.974, Lon: -66°7.242

Forest Street

Broad Brook Wetland Park

Town of Yarmouth

Starting Point: Forest St. Parking at ball fields

Route: At entrance there are 2 options: 1) footpath

goes S to Southeast St., cross street and continue

S to Argyle St. 2) continue R, side branch goes W

to Pleasant St. at Albert St. A branch of the trail into

Distance: 750 m to Argyle St., 400 m to Pleasant St.

Description: Linear. Stone dust footpath, grassy

Attractions: Interpretive signs. Wetland park

the wetlands can be accessed from Southeast St.

? P

(follow sign).

Time: 10 mins. one way.

established in 2013.

footpath, partly follows Broad Brook.

GPS: Lat: 43°49.8504, Lon: -66°6.564

Description: Loop. Town sidewalks. **Attractions:** 7 fountains from 150 years old to present. Parks. **GPS:** Lat: 43°49.671, Lon: -66°7.248

& White Store.

Distance: 9 km

Time: 2 hr



Yarmouth Waterfront and Road to Bunker Island

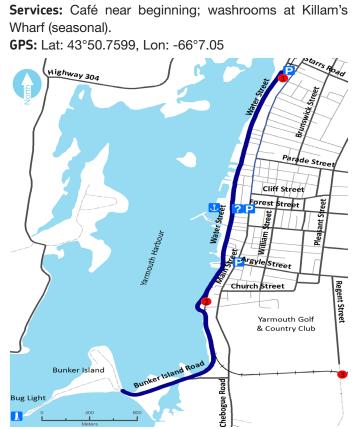
Town of Yarmouth

Starting Point: Parking in lot to L of West Nova Fuels, 211

Route: Sidewalk going S along Water St. to Wastewater Treatment Plant. Follow section of Yarmouth Rail Trail along shore, at fork, keep R, at dirt road turn R and follow public road to end of causeway. Road beyond is private

Distance: 5 km Time: 55 mins. (30 mins. to Treatment Plant, 15 mins. more to dirt road, 10 mins. to end of causeway)

Description: Linear. Sidewalks, rail trail and dirt road. Attractions: Working waterfront. Interpretive panels. Seashore, pebble beach, seabirds.





Mountain Cemetery Loop Town of Yarmouth

Starting Point: Clements Ave. (N end of road), Parking.

Route: A brochure describing the cemetery is available at the Yarmouth Museum, the Visitor Information Center or at the cemetery office (seasonal, April to October). Clements Ave, head N along the Maud Lewis Trail to Starrs Road behind Subway, turn R along Starrs Road (hard shoulder, no sidewalk), go to Charles Crosby Dr., turn R and go around building on the L, go to Burton Ave., turn R going S to the cemetery; 2 options: keep R (flat but wet) or go straight over the hill with view over Yarmouth, both options ending at Parade St., turn R go to Clements Ave. Possible extension: Various paths in the cemetery. Distance: 2 km

first burial is an 8 year old girl in 1861. Chapel, 2

fountains. Cemetery has old English beeches and

huge Norway Spruce trees. View over town.

Services: Restaurants on Starrs Rd.

GPS: Lat: 43°50.268, Lon: -66°6.365

Time: 25 mins.

Description: Loop. Unpaved. Wet sections. Alders.

Treed cemetery. Sidewalk. Attractions: Sacred location. Created in 1860,

7 Fountains Walk

Town of Yarmouth

Starting Point: Red & White Store, 107 Main St.,

Route: Red & White Store (F#1), Argyle St. head

E, turn L onto William St., turn R onto Albert St.,

turn L onto Cottage Lane, cross Forest St. onto

Aberdeen St., turn R onto Cliff St., next L onto

Seminary St., turn R onto Parade St., head E to

Mountain Cemetery (F#2 & 3). Return to Parade St.

go W to Main St., turn R head N to Library (F#4),

cross Main St. to Frost Park (F#5), return to Main

St., go N along Main St. to intersection of Main St.

and Chestnut St. (F#6). Turn L onto Water St., go S

to "Lost at Sea" memorial (F#7), continue S along

Water St. to Hueston St., turn L, to Main St. at Red





Tkipok Trail Arcadia

Mountain

From Yarmouth take Hwy 3 to Arcadia. Starting Point: Arcadia School, 10177 Hwy 3, end of Parking lot.

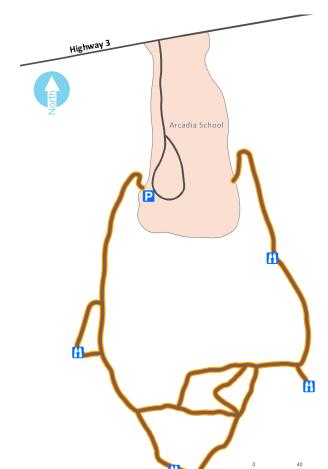
Distance: 1 km Time: 15 mins.

> **Description:** Loop. 2 side paths, some outdoor exercise equipment, steps. Attractions: Mixed forest, marsh boardwalk, 2 look-

offs with benches.

Services: None.

GPS: Lat: 43°49.4682, Lon: -66°4.014



Starting Points with Parking (see regional map):

(Town of Yarmouth, Arcadia, Tusket, Argyle, Pubnico to

1 Water St. (South end) at the Wastewater Treatment

3 Arcadia School in Arcadia (on Hwy 3 walk in direction

of Yarmouth Town, 500 m to trail crossing). GPS: Lat:

GPS: Lat: 43°49.4742, Lon: -66°7.450799

Plant, proceed L along shore to fork, keep L, cross

South route

Shelburne County)

Shared-use, OHVs allowed.

Parking in Town of Yarmouth:

2 On Regent St. GPS: Lat: 43°49.0515.

Parking in Municipality of Yarmouth:

On Egypt Rd. GPS: Lat: 43°50.27778

Parking in Municipality of Argyle:

Intersection of trail with Hwy 308 in Tusket

Intersection of trail with Argyle Head Rd. in

ntersection of trail with Hwy 3 in Pubnico.

Intersection of trail with Hwy 3 in Lower East Pubnico.

(Town of Yarmouth, Hebron, South Ohio, Norwood to

Water St. in un-paved lot (private owner agreement) to L

Description: Linear. Stone dust, mostly even. Old rail bed. During hunting season (Sept to March) it is recommended to

Services: Tim Horton's (washrooms), South Ohio Esso Station

Attractions: Forest, wetlands, back yards, benches.

7 GPS: Lat: 43°42.22794, Lon: -65°46.84854

8 GPS: Lat: 43°35.89746, Lon: -65°46.4787

Parking in Town of Yarmouth:

GPS: Lat: 43°50.7599, Lon: -66°7.05

Prospect St. parking lot nearest trail. GPS: Lat: 43°51.40728, Lon: -66°6.6783

Distance: 87 km in Yarmouth County

of West Nova Fuels.

wear hunter orange

5 GPS: Lat: 43°51.7227, Lon: -65°58.36728

6 Argyle Station. GPS: Lat: 43°48.72672,

43°49.46819, Lon: -66°4.014

Forchu River Trail

From Yarmouth take Hwy 1 heading N, turn R

Parking near garage at entrance.

Description: Loop; gravel and boardwalks. **Attractions:** Alders, riverside, mixed forest. Outdoor

playground.

GPS: Lat: 43°53.7654, Lon: -66°5.2446



Stan O'Brien Interpretive Trail (Goose Creek Marsh) Roberts Island

From Yarmouth take Hwy 103 to exit 32A, turn R onto Hwy 3, after 0.8km turn L onto Robert's Island Road, after 0.8 km turn R to Parking. **Starting Point:** Entrance at Parking.

Distance: 1.5 km Time: 20 mins.

Description: Linear and loop. **Attractions:** Forest and wetland. Services: None.

GPS: Lat: 43°47.3184, Lon: -65°53.16558



onto Hwy 340, follow sign for Hebron Recreation Complex, on Cemetery Road, turn L to Hebron Recreation Complex.

Starting Point: Hebron Recreation Complex. Distance: 2 km

Time: 30 mins.

exercise equipment, tennis courts, softball fields. Services: Trail map at entrance. Public washrooms.



Pubnico Point Wind Farm 16 **Lower West Pubnico**

From Yarmouth take Hwy 103 to exit 31, turn R onto Hwy 335, continue to end of road. Starting Point: Parking. Walk N to wind farm. Distance: 5.2 km

Time: 1 h **Description:** Access road. **Attractions:** 17 wind turbines, ocean views.

Services: None. The Village historique acadien de la Nouvelle-Ecosse is 4.5 km N, follow signs.

GPS: Lat: 43°35.86416. Lon: -65°47.80962



Chebogue Meadows Wildlife Interpretive Trail

Brooklyn

From Yarmouth take the Hardscratch Rd., 8.6 km

Starting Point: Chebogue Meadows trail sign. **Parking** Distance: 4.5 km

Time: 1 hr 20 mins. + 20 mins. side spur. **Description:** Linear, then loop; rough footpath, wet

spots, boardwalks. Red markers on trees, keep L at fork. About 45 mins. at T-junction, keep R. At 50 mins. side spur to look-off over river, linear (10 mins.); finish loop, linear trail now has yellow markers. During hunting season (Sept to March) it is recommended to wear hunter orange.

Attractions: Regenerating forest, wetlands. River, 2 look-offs. Interpretive panels (keep in mind the forest is changing!) Services: None.

GPS: Lat: 43°53.47602, Lon: -66°3.2709



Pubnico Point Wind Farm (under construction) **Lower West Pubnico**

From Yarmouth take Hwy 103 to exit 31, turn R onto Hwy 335, continue to end of road.

Starting Point: Entrance at Parking.

Distance: 4.8 km Time: 45 mins.

Description: 2 loops, gravel surface, boardwalk

Attractions: Ocean views, coastline, 17 wind turbines. Look-offs, interpretive sign with map and trail markers (proposed). Services: None.

The Village historique acadien de la Nouvelle-Écosse is 4.5 km North, follow signs. **GPS:** Lat: 43°35.86416, Lon: -65°47.80962



From Yarmouth take Hwy 304, 11km, follow **Starting Point:** Footpath starts on S side of bus

Leif Ericson Park Trail

Cape Forchu Lightstation

Description: Footpath, rocks, shore. One section of

loop is crushed gravel and wheel-chair accessible.

Attractions: Seashore, pebble beach, lighthouse,

Leif Erikson Park, museum (seasonal), picnic area,

Services: Washrooms, gift shop (seasonal).

GPS: Lat: 43°47.658, Lon: -66°9.2508

10

parking.

3 look-offs.

Atlantic Ocean

On Hwy 1 in Belliveaus Cove.

Lat: 44°23.25534, Lon: -66°3.72906;

Lat: 44°23.01864, Lon: -66°4.8921.

gravel, coastal forest, boardwalk.

panels, benches, picnic tables.

(seasonal). Outhouse. Restaurant.

Distance: 5 km

Time: 1 hr

Chez Jean Restaurant, Belliveaus Cove;

Lighthouse signs.

Distance: 0.5 km

Time: Loop: 20 mins.

Deerfield From Yarmouth take Hardscratch Rd. go 18 km, turn R onto Hwy 340, go 1.7 km, turn R onto Saunders

Rd., go 2.4 km, turn R onto Mood Rd. Proceed to park entrance at 1888 Mood Rd.

Ellenwood Lake

Provincial Park

Starting Point: Lower Day Use Parking; green wood-bridge. Parking at main entrance gate during Distance: 2 km

Time: Gate to Lower Day Use Parking: 15 mins. Footpath loop: 30 mins.

Description: Forest footpath loop: hilly, wet spots. Follow yellow markers on trees, keep R at fork. There are several loops around campground. **Attractions:** Mixed forest. Lake with sand beach.

Services: Camping and boat launch (seasonal). Park is closed to vehicles from after Thanksgiving to the long weekend in May. During this time the "Friends of Ellenwood Park" open the "ski hut" on various Sunday afternoons (check their website for times and outdoor activities), follow road to campsites. Outhouse. **GPS:** Lat: 43°55.743, Lon: -66°0.312



Behind Sainte-Anne University, Hwy 1, Church

Le p'tit bois

Church Point

Starting Points: Parking. Sainte-Marie Church; Sainte-Anne University; Sports Centre (front and rear); Rendez-vous de la Baie Visitor Centre, 23 Lighthouse Rd.; At windmills on Lighthouse Rd. Distance: 2+ km

Time: 1+ hr

Description: Multiple loops, gravel surface, forest, shoreline footpath. Attractions: Softwood forest, coastal marsh habitat,

rock/cobble/pebble shoreline, high tides, gazebo, benches, windmills. Tourist information at Rendezvous de la Baie Visitor Centre. Services: Washrooms in Rendez-vous de la Baie

and Édifice Gustave-Blanche at the university.



Roche-St.-Pierre Comeaus Hill

From Yarmouth take Hwy 3 to Arcadia, turn R onto Hwy 334 (towards Wedgeport), after 2 km turn R Hwy 334 to Wedgeport onto Comeaus Hill Rd., follow signs to Roche-St.-

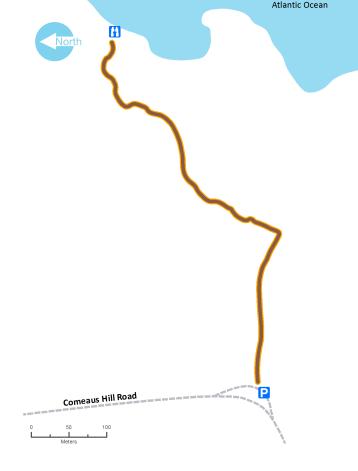
Starting Point: Left side of interpretive sign (ignore instructions on sign!). Parking off road. Distance: 0.8 km

Time: 10 mins.

Islands. Sunsets!

Description: Dirt road, gravel trail, linear. **Attractions:** Big boulder with a legend about the location; view toward Pubnico and the Tusket

Services: None, but 400 m along, the road ends at a small sand beach with changing houses; small wharf; possibility to walk along the shore (rough and pebbly) about 2 km toward Comeaus Hill. **GPS:** Lat: 43°41.228, Lon: -66°1.089



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Clare Rail Trail

Rail Trail from Yarmouth County near Hectanooga to Digby Municipality near Weymouth at the Sissiboo River. Shared use, OHVs allowed. Starting Points (see regional map): Parking.

1 Junction at Hectanooga Rd. and Norwood Rd., Hectanooga. GPS: Lat: 44°5.57508, Lon: -66°1.71546: Junction at Bonnie Rd. and Norwood Rd.

GPS: Lat: 44°7.4274, Lon: -66°3.19092; Junction at Placide Comeau Rd. and Second

Division Rd., Meteghan Station. **GPS:** Lat: 44°12.50112, Lon: -66°5.35608; 4 Amirault Rd., Saulnierville Station. GPS: Lat: 44°15.16992, Lon: -66°6.0669;

Little Brook Rd., Little Brook. **GPS:** Lat: 44°17.33706. Lon: -66°5.49096:

16 Patrice Rd., Church Point Station. **GPS:** Lat: 44°18.30852, Lon: -66°4.8942;

44°23.64378, Lon: -66°1.15686;

Major (Margo) Rd., Belliveaus Cove. GPS: Lat: 44°21.63, Lon: -66°2.81256; 18 Townshipline Rd., St. Bernard. GPS: Lat:

Piverside Rd., New Edinburgh. GPS: Lat: 44°24.69534, Lon: -66°0.54048.

Distance: 45 km Time: -

Description: Linear. Gravel surface, mostly even. Underpass at Hwy 101. Old rail bed. During hunting season (Sept to March) it is recommended to wear hunter orange. Attractions: Mixed forest, wetlands and crossing

several streams, interpretive panels, benches. Services: None.

Wedgeport Nature Trail Wedgeport

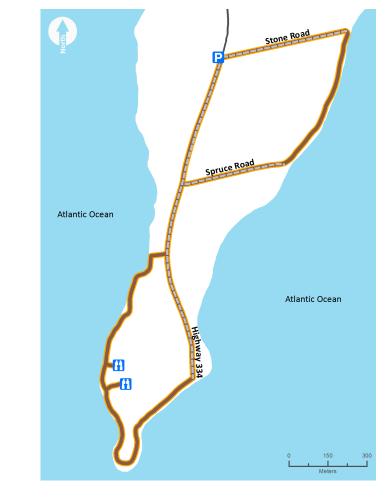
From Yarmouth take Hwy 3 to Arcadia, turn R onto

Starting Point: End of paved road (Hwy 334); wooden signs "Sentier". Parking. Trail goes E to shore, along shore, turn R to dirt road, cross over, trail to W shore, along shore to Wedge Point, ends on same dirt road, return to Parking.

Distance: 5 km Time: 1hr 20 mins.

Description: Loop. Flat, grassy, rocky, wet spots. **Attractions:** Ocean shore E and W, wetland, muskrat houses, look-off, pebble and sand beaches.

Services: None (Outhouse not in use). **GPS:** Lat: 43°41.68146, Lon: -65°58.79376



Wentworth Lake Municipal Park Moody's Corner (Corberrie)

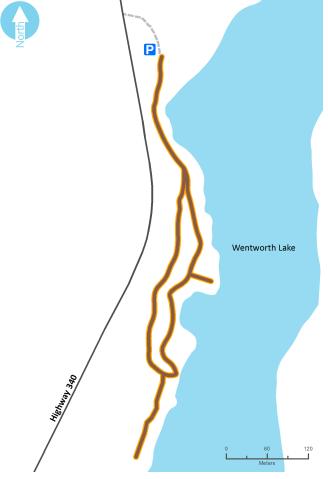
On Hwy 340 at civic 1398 in Moody's Corner (Corberrie).

Starting Point: South end of Parking. Distance: 0.7 km

Time: 15 min. **Description:** Linear, loop. Gravel surface, uneven, boardwalk with stairs.

Attractions: Lakeshore, preserved wilderness, mixed forest, stream, foot bridge, boardwalks, 2 look-offs (1 with slide), picnic tables, benches. Services: Outhouses. Linear trail connects to boat launch (vehicle access

on Hwy 340 at 0.7 km S of park entrance). **GPS:** Lat: 44°10.96248, Lon: -65°56.54166



Rocco Point Chapel and **Nature Trail**

Ste-Anne-du-Ruisseau From Yarmouth take Hwy 103 to exit 33, turn R onto Hwy 308. At the stop, turn L and follow Hwy 3 to the

church at 7309, Ste-Anne-du-Ruisseau. **Starting Point:** Parking at Ste-Anne-du-Ruisseau Church, where a guide is available. Walk along Rocco Point Rd. for 1 km. to trail entrance.

Grande Passe on the other, viewpoint from chapel

Time: 15 mins.

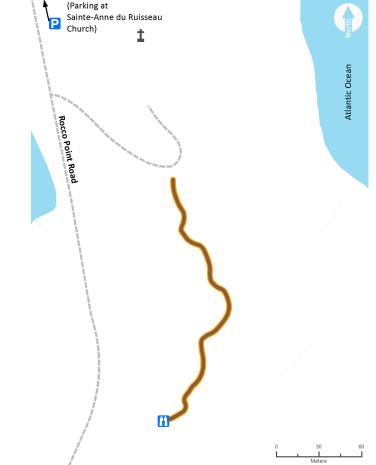
Distance: 0.5 km

Description: Linear trail includes a boardwalk. Grass surface. 2 look-offs. **Attractions:** Nature trail, Salt Bay on one side and La

Services: Outhouse.

GPS: Lat: 43°49.63104, Lon: -65°55.59924

on top of hill. Acadian history.



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Pleasant St. Multi-Use Trail Town of Yarmouth

Multi-use trail (non-motorized use only) from Starrs Rd. to Burridge Campus (NSCC). **Distance**: 1.4 km

Time: 18 min. **Description:** Extra-wide paved sidewalk. Wheelchair

Services: None

Additional Parks

and Family friendly.

Glenwood Provincial Picnic Park, Argyle (off Exit 32A on Hwy 103) (has fresh water beach) **GPS:** Lat: 43°47.63628, Lon: -65°52.46442

Port Maitland Beach Provincial Park, Port Maitland (Shore Rd. off Hwy 1) (2+ km sand beach) **GPS:** Lat: 43°59.2032, Lon: -66°9.19704

Mavillette Beach Provincial Park, Mavillette (Hwy 1) (2 km sand beach) (bird observation platform) **GPS:** Lat: 44°5.48592, Lon: -66°11.81154

Smuggler's Cove Provincial Park, Meteghan (Hwy 1) (has stairs leading to cobble stone beach) **GPS:** Lat: 44°10.17852, Lon: -66°10.96314

Beaches

Major's Point, Grosses-Coques **GPS:** Lat: 44°23.0814. Lon: -66°4.7817

sand and cobble stone beach; connects to Belle Baie Park trailer camping) **GPS:** Lat: 44°20.60502, Lon: -66°6.711

Ticken Cove, Church Point (1.3 km beach/30 min;

Bartlett's Beach, Beaver River **GPS:** Lat: 44°0.97254, Lon: -66°9.47178

GPS: Lat: 43°48.51, Lon: -66°7.758

Sand Beach, Sand Beach, Yarmouth County

Saint-Mary's Bay

Piau's Walk (Sentier à Piau)

Belliveaus Cove

Starting Points: Parking. Joseph & Marie Dugas

Municipal Park, 3239 Hwy 1, Belliveaus Cove. GPS:

Major's Point Historic Site, Grosses-Coques. GPS:

Description: Linear, loop, shoreline walk on cobble/

Attractions: Wharf, functional lighthouse, market,

seashore, high tides, coastal marsh habitat, fresh

water wetlands, Major's Point Historic Site with an

Acadian Cemetery (cir. 1750) and chapel, interpretive

Services: Washrooms (seasonal), farmers market

Outhouse. **GPS:** Lat: 44°20.0271, Lon: -66°6.95526